

Coronavirus Outbreak in Asia – Communication 1 / January 2020

CCT College Dublin is aware of the recent coronavirus outbreak in Wuhan City, China and is monitoring the situation. The Department of Public Health, HSE, has provided us with the following advice:-

Coronaviruses

Coronaviruses are a large group of viruses that can cause illnesses. Some of these illnesses are very mild, like the common cold, while others are more severe, like SARS (Severe Acute Respiratory Syndrome).

Novel coronavirus 2019-nCoV

A “novel coronavirus” means a new strain of coronavirus that has never been seen in humans before. The coronavirus recently identified in China is one of these. This new coronavirus is being named “2019-nCoV”.

Symptoms of novel coronavirus 2019-nCoV

It can take up to 14 days for the symptoms of this 2019-nCoV to appear. These symptoms include:

- Fever (temperature of 38°C or higher)
- Cough
- Breathing difficulties
- Shortness of breath
- Sore throat

Treatment of novel coronavirus 2019-nCoV

There is no specific treatment for 2019-nCoV at present. But the symptoms of the virus can be treated.

What to do if you think you might have novel coronavirus 2019-nCoV

If you have travelled from China in the last 14 days, particularly from Wuhan, and you have any of the symptoms listed above, **PLEASE REMAIN AWAY FROM CAMPUS AND DO NOT GO TO COLLEGE.**

Either telephone your GP or CCT at 01 6333444. Make sure that, when you phone, you mention your recent travel. Our Student Services staff will arrange for you to get medical help.

How to help protect yourself from novel coronavirus 2019-nCoV

1. Wash your hands often with soap and water.
2. If you are coughing or sneezing, cover your mouth and nose with a tissue. Throw the used tissue away into a closed bin, and wash your hands. If you don't have a tissue, cough or sneeze into your flexed (bent) elbow.
3. Avoid close contact with anyone who you know has cold or flu symptoms.
4. In the short term, it is best not to travel home to China until more is known about this new virus.

Please note that CCT College Dublin will soon re-install new hand sanitisers in some common areas around the campus building.

This is our first communication to students and staff on this virus. As we receive any further information and updates on this situation, you will.