

Coronavirus Outbreak – COVID 19 Communication 2 / 28th February

You are probably well aware of developments with the COVID-19 outbreak since our last communication in January 2020. This is a rapidly evolving and fluid situation, and we will continue you to update you as needed. . We are a college community and as part of a duty of care to each other, the purpose of this communication is to raise further awareness about COVID-19 and inform you of College efforts. We hope that by being more informed and better prepared, each individual in the College can take frontline responsibility in preventative measures.

Sources of Information CCT is monitoring

CCT is monitoring the following main information sources for all updates on developments:

1. World Health Organisation (who.int)
2. Health Service Executive in Ireland (hse.ie)
3. Dept of Education and Skills, Ireland (education.ie)
4. Department of Foreign Affairs, for travel advice (dfa.ie)

CCT Monitoring and Response Team

CCT's Monitoring and Response Team, which comprises of Management staff, is a group which carries out proactive and reactive activity when dealing with any environmental developments which have occurred outside of the control of CCT (such as severe weather, floods, virus outbreaks, etc.) This team has been reconvened and is meeting regularly to determine how CCT should be responding with COVID-19.

Latest Developments within CCT

The following is a list of recent developments at the College:

- Recent plumbing survey of all toilets to ensure good flow of hot water
- Dispensers for hand sanitisers installed in main common areas throughout building
- Raised awareness campaign with posters erected on all notice boards, and communications circulated
- Networking with other Higher Ed Institutions and Dept of Education to plan measures in how to deal with any potential college outbreak
- Additional training and information expertise being procured to ensure we are doing everything we can to help prevent any outbreak within the College
- Daily proactive work in this area among the Monitoring and Response Team

Symptoms of novel coronavirus 2019-nCoV

It can take up to 14 days for the symptoms of this 2019-nCoV to appear. These symptoms include:

- Fever (temperature of 38°C or higher)
- Cough
- Breathing difficulties
- Shortness of breath
- Sore throat

Crucial points to remember -

- There is no specific treatment for COVID-19 at present. But the symptoms of the virus can be treated.

- Anyone who has been to affected regions in the last 14 days and has a cough, shortness of breath, breathing difficulties or fever should self-isolate and phone their GP immediately.
- The most important action we can take to protect ourselves from Covid-19 is regular hand-washing and good respiratory hygiene.
- If at any point, you think you might have symptoms, do not go to your GP or the hospital, instead call your GP or 999 and follow the instructions provided to you.

What can we do at the moment

- Remain vigilant and alert in terms of your own health
- College lectures / assessment / events / schedule all continues as normal
- Stay informed with updated and trusted info links such as those below
- Continue to cooperate with management requests from CCT
- Follow news from trusted sites as presented in this communication

Information Links

- <https://www.education.ie/en/The-Department/Announcements/information-for-schools-preschools-and-third-level-institutions-on-the-coronavirus.html>
- <https://www2.hse.ie/conditions/coronavirus/coronavirus.html>
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen>